



Introduction and Consent for Acupuncture & Oriental Medicine

Welcome to Acupuncture and Oriental Medicine (AOM). I welcome the opportunity to work with you and will be happy to answer any questions you may have. AOM is a comprehensive system of health care with a continuous clinical tradition of more than 3000 years. It includes acupuncture and herbal treatment, as well as massage, dietary therapy, meditation, and exercise. These therapies can aid in providing you with an optimal system of health care that addresses not only disease, but health and well-being.

I received my Masters of Acupuncture degree from Northwest Institute of Acupuncture and Oriental Medicine in 2002 and am currently licensed in Colorado and Washington. I am also nationally certified by the National Certification Commission for Acupuncture and Oriental Medicine, and the National American Detoxification Association. None of these licenses or designations have ever been suspended or revoked.

Potential Benefits: AOM procedures have been used for hundreds of years to effectively treat disease and disharmony in the body. Some of these conditions include muscular-skeletal injuries, digestive disorders, respiratory diseases, women's health, etc. Of course, the outcomes are not guaranteed.

Potential Risks: Although AOM has been shown to be relatively safe, there is a potential to produce some discomfort or pain at needled sites, minor bruising, or infection. Other potential risks include dizziness, nausea, fainting, broken needle (rare), minor burns with use of moxa, gastro-intestinal upset with use of Chinese herbs, and a possible, temporary aggravation of symptoms existing prior to treatment.

Jennifer Ulman, L.Ac. is trained in Clean Needle Technique for proper cleaning, sterilization, and disposal of acupuncture needles and sanitation of acupuncture office. Adherence to rules and regulations promulgated by the Colorado Department of Public Health and Environment is being met. The practice of acupuncture is regulated by the Colorado Department of Regulatory Agencies and any inappropriate behaviour (including sexual intimacy) should be reported to the Director of Registrations. They can be reached at 1560 Broadway, Suite 1350, Denver, CO, 80202, and via telephone at 303.894.2440.

With this knowledge, I voluntarily consent to the above procedures, realizing that no guarantees have been given to me by Jennifer Ulman, L.Ac. regarding the cure or improvement of my conditions. I hereby release Jennifer Ulman, L.Ac. from any and all liability which may occur in connection with the above mentioned procedures, except for failure to perform the procedures with appropriate medical care. I understand that if I have any questions about this information, I should ask Jennifer Ulman, L.Ac., and that I am entitled to receive information about the methods of therapy, techniques used, and duration of therapy, if known. I understand that I am free to obtain a second medical opinion from another health care professional, and may terminate therapy at any time.

Signature

Date